

# ANP

*Seminars*



# Sophs through Senior Schedule Pilot during Terms 2 and 5



## Seminar Day Schedule\*

Advisory: 40 minutes

Passing: 5 minutes

Seminar: 45 minutes



## Regular Day Schedule

Advisory: 10 minutes

Traditional Travel: 75 minutes

\*Seminar Day schedule will run 6-7 times during Terms 2 and 5.

# Academic Networking Period 2018-2019 Seminar Options

The following slides include overviews of the Seminar proposals. To determine which Seminars to offer in T2 next school year, please review all the options and select your favorites.

# ACADEMICALLY-FOCUSED

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# Academically-Focused

## Spanish Students Read *La Vampirita*

Students will complete a guided reading of "La Vampirata" by Mira Canion, a Spanish novela appropriate for the second semester of Spanish II or continuing Spanish students.

**Book description:** "Deep in the dense Colombian jungle, a mysterious emerald has been plundered by an odd band of backstabbing pirates. An unlikely character, Sara Gomez, is thrust into the action. With fang-like teeth and inexplicable nocturnal walks, she is no longer safe in her vampire-frenzied community. But alas, in 1741 the high seas are just as dangerous as lingering with landlubbers ..."

## Spanish Conversation Lab

Students will practice conversing in Spanish using situations, visual aids, videos, and topics studied in Spanish classes to start the discussion.

## Sewing Lab

Students who have already taken (or are currently taking) a sewing class in high school can come to work on current sewing projects or bring in a project they would like to complete but may need a little extra help on.

# Academically-Focused

## **Organic Chemistry**

Students who have taken AP Chemistry, AP Bio, or Anatomy will be introduced to basics relating to organic chemistry. Structures, functional groups, naming, and introductory reactions will be explored.

## **Robotics Design and Documentation**

Students will collaborate with the robotics team to finalize designs on Inventor. They will additionally collaborate with chief designers utilizing Engineering Notebooks to problem solve designs and methods of assembly and production.

## **FCCLA Presents for Paws and STAR Events (T2)**

Students in FCCLA who work on Presents for Paws or compete in STAR events use the time to plan and prepare their projects. Development of promotional items, contacting local media, and creation of teacher resources will be explored.

## **All-Suburban and State Honor Band Audition Prep**

Students will prepare the audition material required by MSHSAA for participation in the honor band groups. Students will get an opportunity to work with other students and work one-on-one with Mr. Perkowski where they can receive helpful hints and information in preparation for their audition.

# Academically-Focused

## ACT Math Prep

Students will learn test taking strategies specific to the math section of the ACT. They will review skills covered in the math portion and will take practice tests to improve their scores.

The purpose of this seminar is to help raise student's overall ACT scores by focusing on the math portion. The goal would be to teach students tips and tricks to use while taking the ACT. The goal is also to review and further their math skills and be exposed to ACT type questions. I hope to see improvement in the students scores after the 6 seminars.

# DISCUSSION-BASED

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# Discussion-Based

## Current Events

Students will read and discuss articles which may be found in the local paper or in other news sources.

Students are encouraged to formulate and share their opinions in a respectful manner. Specific focus will be placed on reliability of news sources, appropriate discussion / debate communications, and viewing issues from multiple perspectives.

## Restaurant Reviews

Students will be encouraged to dine at local restaurants and share their experiences with their peers. Students will decide as a group what restaurants will be visited each week.

The purpose of this seminar is to show support to local businesses and to develop an appreciation for a variety of cuisines.

## Exploring World Cultures

Students would have the opportunity to learn about other cultures outside those taught in Foreign Language classes through art, music, food, crafts, etc. Students may share and explore their own heritage, or learn about the customs and traditions of other societies. The goal is to foster a desire to explore the world outside of Oakville and see things from a different cultural perspective.

# Discussion-Based

## **Know Yourself: Personality, Psychology, and Emotional Intelligence**

Students will explore the results of different personality tests and reflect the different ways this knowledge can be useful (relating to and building relationships with others, identifying personal strengths and weaknesses, career exploration, leadership styles, etc.). Seminar could also include journaling activities, social experiments or observations, and group discussions. The purpose of this seminar is to engage in the experience of discovering who we truly are, and then learning to use that knowledge to grow emotionally, socially, academically, etc.

## **The Disney Effect**

Students will explore the history of Disney and examine how Disney came to be so influential. Students will also explore and discuss the impact of Disney. Students will look at why certain characters, movies, or theme parks make people so happy.

## **Famous Failures**

Students will analyze larger failures to see what history has learned from past failures and what we could learn from the failure in the future. Some possible topics include Thomas Edison and the light bulb, JK Rowling and Harry Potter, and the Titanic.

# Discussion-Based

## Life Languages

Inspired by Gary Chapman's *A Teen's Guide to the Five Love Languages*, this seminar's objective is to help teens discover and understand their own love languages as well as how to best express love and understanding to others. Students will identify what inspires them, how to be a caring friend, how to communicate love to friends and family, and more.

## Book Club: Suspense, Horror, Thriller Genre

Students will select, read, and discuss the content of a book from a predetermined list of books in the Suspense / Horror / Thriller genre.

## "Sailing with Noah: Stories from the World of Zoos" Book Study (\*Fee)

Students will read and discuss *Sailing with Noah: Stories from the World of Zoos*. Students will develop an understanding of the successes and challenges of zoos. Students will learn to fostering relationships based on interests in animals and animal management.

# HOBBY EXPLORATION

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# Hobby Exploration

## Stress Management Techniques

Learn about a variety of coping mechanisms to deal with academic and personal stress. Strategies can include coloring, meditation, breathing techniques, and origami.

## Blogging 101

Explore something that interests you and create a blog. Topics covered include technical aspects of blogging, digital citizenship, internet safety, promoting a blog on social media, and photography tips and tricks.

## Independent Reading

Just need to read? Report to the library for quiet, independent reading.

## Walk and Talk

Students will spend their seminar time actively walking around the track and creating positive social relationships

## The Art of Calligraphy

Learn about the history of writing as an artform and how to write calligraphy in the style of Lucinda using the traditional pen and ink method.

# Hobby Exploration

## **Small-Scale Crafting (\*fee)**

Create small-scale crafts such as origami, air-dry clay models, and string art. Crafts can be used as decorations or gifts.

## **Beginners Chess (\*fee)**

Learn the rules, moves, and simple strategies of chess

## **Intermediate Chess (\*fee)**

Improve your chess game, compete against others, and increase concentration, logic, planning and memory

## **Intro to Cookie Decorating (\*fee)**

Learn about icing consistency and decorating techniques for basic iced cookies. Great for holidays and birthdays!

## **Games of Strategy**

Play strategy-based games such as checkers, set, munchkin, Battleship, civilization, stratego, Scrabble etc.

## **Traditional Board Games**

Love board games? Come to seminar and play a variety of board games such as Pictionary, Clue, Dominoes, etc.

# Hobby Exploration

## Trivia

Participate in trivia competitions and acquire knowledge of current events, government, geography, etc.

## Video Announcements

Be the star of OHS announcements! Learn how to script, produce, and publish video announcements for upcoming events happening around OHS. Video announcements can be played via TV's in the commons, or published to the school website, Instagram or Facebook page.

## Yoga

Students will engage in the practice of yoga and will develop an appreciation for yoga's mental and physical health benefits. (A mat will be required for each participant.)

## Basic Graphic Design

Ever feel like you worked really hard on a project but it still looks "dull?" Learn basic tools to spice up your notes, projects, Google Slides, posters, and other work.

# Hobby Exploration

## Lifetime Games

Time to get up and MOVE! Join us for some popular lifetime games such as pickleball, mat ball, and kan jam.

## Theater Appreciation / Boot Camp

Students will find, practice, and perform different comedic monologues, dramatic monologues, songs, and due scenes throughout the term. This is a perfect chance to work on an audition piece and engage in performance art without the pressure of a grade, competition, or a big audience.



# TRANSITION TO ADULTHOOD

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# Transition to Adulthood

## **Adulting 101**

Students will learn about making and sticking to a budget, finding an apartment, getting your own car insurance, creating a resume and cover letter, acing an interview and getting a job, and more.

## **First Aid & CPR (\*Fee)**

Students will learn the fundamentals of CPR, AED, and basic first aid. Students will earn their CPR/AED and First Aid Certifications either through the Red Cross or American Heart Association.

## **Stock Market**

Students will learn about the stock market, its history, terminology, risks, and rewards using online tools to research. Students will create online virtual portfolios to imitate investing in the stock market.

# Transition to Adulthood

## Health Junkies

Students will learn how to lead a healthy lifestyle with making the right food choices for their goals. Students will learn not only what to eat, but how it affects their body physiologically (Looking at the science behind it). Students will learn how to log caloric intake into an app on their electronic devices in order to have documentation to back up their progress. Exercise topics will also be discussed.

## College Bound Student-Athlete

Students will get a survey of the college recruiting process and how to self-recruit. Students will get an overview of the college recruiting process by sport, the differences between the levels of the NCAA (DI-DIII), NJCAA, and NAIA.

We will create a college portfolio that includes: introductory letter to college coaches/recruiting coordinators, tips for creating a recruiting video, how to speak to college coaches/recruiting coordinators face to face or on the phone, and a variety of student-athlete driven topics.

# THE WORLD AROUND US

*Seminars*

# The World Around Us

## Outdoor Activities

Students will share with the class their experiences in the outdoors by using pictures, maps and videos of places they have enjoyed in the great outdoors. Students will also research places they want to camp, hike or bike and share it with the group. Guest speakers will be part of this seminar.

## Genius Hour

Students will identify a problem of interest to them and will create a product or a plan to solve that problem. The product will be shared with an audience (class / school / community). Creativity is encouraged. Learn more at <http://www.geniushour.com/what-is-genius-hour/>

## Conservation in Missouri

Students will share with the class their experiences on hunting and fishing in Missouri and other states. This would include bringing in pictures and looking through maps of hunting and fishing spots open to the public to share with the group. Students will also research and discuss the importance of conservation in the management of our state's natural resources. Guest speakers will be a part of this seminar.

# The World Around Us

## America's National Parks

Students in this seminar will briefly learn about the history of the National Park Service. The remainder of the seminar will be spent exploring various National Parks with a culminating experience being the development of a travel itinerary to the student's choice of National Park. Exploration of the National Park Service's website and the many resources to be found there are the core of this seminar.

## International Travel

Students will participate in choosing an international travel location, somewhere they want to go. Students will research and plan a daily itinerary including costs, accommodations, and more. The goal is to motivate students to travel the world. "Broad, wholesome, charitable views of men and things cannot be acquired by vegetating in one little corner of the earth all one's lifetime" (Twain).

# The World Around Us

## **Animal Welfare**

Students learn about the history, philosophies, and changes in law regarding animal welfare and support animals through non-fiction reading. Students will also learn about opportunities in the community to provide services (volunteer or paid) to animals. There may even be a short (one hour long) volunteer opportunity. Guest speakers may be built into this seminar.

## **Volunteering, Animal Fostering, Rescue Organizations, and Animal Care**

The purpose of this seminar is to educate, inform, and get students excited about rescue animals and to foster an educated interest in volunteering involving all small domestic animals. This seminar will include professional class speakers in the area of rescue, animal care, veterinary science, fostering, and breed specific legislation. Topics include: hands on experience with small animal grooming, feeding, handling, and care\*; volunteering opportunities discussion and application\*; animal rescue and vet tech speakers; inside fostering, transport, and foster-based rescue; inside Shelter-Based Rescue\*; Animal Control vs. Humane Society vs. Rescue\*; puppy and kitten care\*; adult dog and cat care\*; breed research opportunity; breed-specific legislation. (\*using support videos)

# Next Steps

## **Seminar Interest Inventory:**

Now that you've seen the proposed offerings, please narrow your choices in the interest inventory provided to you via Google Forms. The results will be used to determine how many sections we need to have of each topic offered. Next semester, students will sign up for their seminars by class with Seniors selecting first. Seminars can be mixed grade level.

## **After Term 2 Pilot:**

We will gather student and staff feedback to help identify areas for modifications to be piloted in Term 5. After Term 5, the whole concept will be evaluated to determine what changes are necessary at that point.

## **Flow of Information:**

Any updates will be posted on OHS's website and through Social Media.